

This checklist is designed to complement the guidance offered in [Comprehensive School Suicide Prevention in a Time of Distance Learning](#) and to stimulate thinking about preparing to provide school suicide intervention via telehealth. It should not supplant, nor is it a substitute for, approved school district protocols.

- 1. Review existing school suicide intervention policies, procedures, and protocols; as indicated modify them to include the use of telehealth (e.g., how to connect with students virtually, secure student safety remotely, secure supervision, contact and consult with caregivers).
- 2. Develop a resource directory of currently available local agencies that would respond to the student's location if needed.
  - Law enforcement \_\_\_\_\_
  - Mobile crisis response team \_\_\_\_\_
  - Children and family services \_\_\_\_\_
  - Other resources \_\_\_\_\_
- 3. Review with school staff members risk factors and warning signs associated with suicide (and emphasize how the current pandemic can affect suicide risk).
- 4. Review with school staff members procedures to follow when a suicidal behavior is judged to be imminent (e.g., call 911 and request a wellness check).
- 5. Review with all school staff members suicide risk assessment referral procedures and any **modifications to such made necessary by distance learning**. School staff understand how to quickly access support for, and refer, at risk students when providing distance learning activities.
- 6. Develop telehealth skills and resources.
  - Telehealth skill development activities: \_\_\_\_\_
  - District technical assistance resources: \_\_\_\_\_
- 7. Develop telehealth communication options.
  - Considerations for the use of service providers' personal devices: \_\_\_\_\_
  - Communication options for students without internet access: \_\_\_\_\_
  - Communication options for homeless students: \_\_\_\_\_
- 8. Identify telehealth communication platforms.
  - List primary telehealth platforms: \_\_\_\_\_
  - List other telehealth platforms: \_\_\_\_\_
  - Communication options when telehealth is not practical: \_\_\_\_\_
- 9. Individuals identified as responsible for conducting suicide intervention have access to updated and **current** student demographic data (name, address, phone number, primary caregiver contact information, email).  
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- 10. Individuals identified as responsible for conducting suicide intervention have access to school and community crisis resources for immediate consultation (name, address, 24/7 phone number, email).  
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- 11. Develop caregiver telehealth consent procedures<sup>1</sup>.
  - Describes telehealth service delivery and specifies technical considerations
  - Explains how service providers operate and telehealth limits
  - Delineates student expectations and responsibilities of all parties involved
  - Identifies emergency contacts and specifies multiple communication options
  - Obtains consent for specific service providers to offer telehealth
  - Reviewed by district legal counsel to ensure compliance with state and federal regulations
- 12. Determine protocol for when caregiver consent for services cannot be obtained.
  - List protocol: \_\_\_\_\_
  - Reviewed by district legal counsel to ensure compliance with state and federal regulations

<sup>1</sup> Adapted from Andover Public Schools, *Telehealth Service Provision Handbook*