



Ask the Experts Webinar Series

Strategies for Supporting Teachers Delivering Remote Instruction

“Ask the Experts” Webinar Series

- Series of recorded webinars to be posted on the NASP website
- Webinars are designed to offer support to school psychologists, interns, and practicum students as they navigate the delivery of school psychological services during the COVID-19 pandemic
- Each webinar will be followed by the opening of a discussion thread on the NASP member exchange community
- Each webinar will:
 - Address critical questions emerging as a result of the need to provide virtual telehealth school psychological services
 - Provide advice and guidance from experts
 - Offer suggested strategies and resources for addressing professional practice issues

Expert Panel

- Ben Fernandez, M.S. Ed., School Psychologist, Loudoun County Public Schools, (VA)
- Aaron Fischer, Ph.D., BCBA-D, Dee Endowed Professor of School Psychology, University of UT
- Nate Jones, PhD, NCSP, BCBA, School Psychology Consultant, Southeastern Regional Education Services Center, NH
- Lisa Thomas, Ed.D. Associate Director in Educational Issues, American Federation of Teachers



Critical Question 1

- What are teachers working on right now in the face of this pandemic?

Critical Question 2

- What are some of the issues that teachers are dealing with that school psychologists might be able to be helpful with?

Critical Question 3

- We've heard that teachers are struggling to connect their students to needed mental health supports. What are some of the things that school psychologists can do to help teachers access these services for kids?

What does “telehealth” mean for School Psychology during this pandemic?

- Telehealth
- Teletherapy
- Teleassessment
- Telesupervision
- Teleconsultation

Critical Question 4

What are some of the best strategies for remote consultation and collaboration with teachers?



Problem-Solving Teleconsultation with Teachers and Caregivers



Step 1

Build a Relationship

- ➔ Establish trust and mutual respect
- ➔ Clarify roles, expectations, and responsibilities
- ➔ Use approachable language
- ➔ Ask about cultural diversity and comfort with technology

Step 2

Identify the Problem

- ➔ Define the problem and desired outcomes in clear observable terminology
- ➔ Explore contextual factors influencing and maintaining the problem
- ➔ Set up a baseline data collection plan

Step 3

Analyze the Problem

- ➔ Use various sources of data to further understand the problem
 - Behavior observations
 - Review of records
 - Antecedent-behavior-consequence
- ➔ Use screen sharing to review data
- ➔ Identify an evidence-based intervention

Step 4

Implement the Intervention

- ➔ Develop a written intervention plan
- ➔ Use behavior skills training
 - Tell (review the written plan)
 - Show (model the intervention)
 - Do (rehearsal and performance feedback)
- ➔ Use videos of intervention models, bug-in-ear coaching, and uploaded recorded videos to enhance performance feedback and support

Step 5

Evaluate Intervention Effectiveness

- ➔ Was the intervention implemented as planned?
 - Yes: Commend performance!
 - No: Support any barriers
- ➔ Did the problem get better?
 - Yes: Plan to maintain/generalize
 - No: If due to poor implementation, provide additional support
 - If due to lack of effectiveness, go back to Step 3

Don't forget a HIPAA and FERPA Compliant Platform!

Most laptops have a built-in webcam and microphone. However, smartphones and tablets are also an option for videoconferencing.

Hardware Options



Computer or Tablet

Kubi Robot

Double Robot

- Fischer, A. J., Collins, T. A., Dart, E. H., & Radley, K. C. (2019). *Technology Applications in School Psychology: Consultation, Supervision, and Training*. New York: Routledge.
- Frank, J. L., & Kratochwill, T. R. (2014). School-based problem-solving consultation. In W. P. Echul, & S. M. Sheridan (Eds.), *Handbook of research in school consultation* (pp.13–30). New York: Routledge.

Critical Question 5

- What are some of the most important topics that school psychologists can be consulting with teachers about right now?

Critical Question 6

- We've talked a lot today about the importance of consultation and collaboration. What are the most common barriers to collaboration you've see and how can school psychologists avoid and overcome these obstacles?

Critical Question 7

- What resources does the American Federation of Teachers have that can support the collaboration between school psychologists and teachers at this time?



<https://sharemylesson.com/>

BE IN THE KNOW

See the latest lesson plans and resource updates from our partners. SML members enjoy personalized updates from friends and groups.

NETWORK NOTIFICATIONS



Facing History and Ourselves published **Current Events in Your Classroom** on Apr 01



Facing History and Ourselves published **Support for Teachers During the COVID-19 Outbreak** on Apr 01



Coronavirus School Closures - Free Online Resources published **Unite for Literacy** on Apr 01

[See more](#)

JOIN US

REMOTE LEARNING COMMUNITY

Coronavirus has many schools closed and moving learning online. Get support in this new community of teachers, school staff and parents.



FIND THE RIGHT RESOURCES LESSONS PLANS BY EDUCATION LEVEL



Preschool



Elementary (K-2)



Elementary (3-5)



Middle School



High School

BLOG



CORONAVIRUS SCHOOL CLOSURES: CAPSTONE PROJECTS & POSITIVITY FOR STUDENTS & EDUCATORS

American Federation of Teachers

| 2020-04-01

Includes a range of effective early education resources to help set a strong foundation for young students.

Arts
English Language Arts
English Language Learners
Learning Through Play

Gifted and Talented
Health
Math
Professional Development

Science
Social Emotional Learning
Social Studies
Students with Disabilities

Key Messages

- The role of teachers and all educators looks different everywhere. What is still the same are the kids and their needs! Focus on the kids!
- However you were working with teachers before, you can be doing this now. You don't need to reinvent the wheel, just adapt your services to the current realities.
- School psychologists should reach out to teachers to discuss student needs. Ask how you can be helpful.
- Maintain daily connections with teachers. Check in with teachers and listen for how they are coping, handling the crisis, exercising self-care, etc. Be a support to your colleagues!
- Prepare for today and tomorrow. Be ready for any crises on the horizon.
- Document your services and supports. Operate in the present while planning for the future.
- Communicate openly about the risk and benefits, opportunities and limitations of remote services.
- Seek out professional development opportunities to enhance your skills. Work within your levels of competence.

NASP Resources

- Anxiety: Helping Handout for School and Home
<https://www.nasponline.org/x55101.xml>
- Care for Caregivers: Tips for Families and Educators
<https://www.nasponline.org/x55067.xml>
- COVID-19 Resource Center
<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/covid-19-resource-center>
- Countering Coronavirus Stigma and Racism: Tips for Teachers and Other Educators
<https://www.nasponline.org/x55066.xml>
- Engagement and Motivation: Helping Handout for School and Home
<https://www.nasponline.org/x55100.xml>
- Using Praise and Rewards Wisely: Helping Handout for School and Home
<https://www.nasponline.org/x55109.xml>
- Grief: Helping Handout for School and Home
<https://www.nasponline.org/x55106.xml>
- Principal Leadership: Supporting Teachers through Stress Management:
https://www.nasponline.org/Documents/Resources%20and%20Publications/Handouts/Families%20and%20Educators/January_13_Teacher_Stress.pdf

External Resources

American Federation of Teachers (AFT), Share My Lesson

<https://www.aft.org/education/share-my-lesson>

Chronicle for Higher Education, Moving Online Now: How to Keep Teaching During the Coronavirus

https://tsp.wildapricot.org/resources/Documents/CoronaVirus_ArticlesCollection.pdf

Centers for Disease Control, K – 12 Schools and Childcare programs. FAQs for Administrators, Teachers, Parents:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html>

Google, Distance Learning Resources for Schools Affected by COVID-19

https://edu.google.com/latest-news/covid-19-support-resources/?modal_active=none

National Center for Learning Disabilities (NCLD), An Educators Guide to Virtual Learning

<https://www.nclld.org/wp-content/uploads/2020/03/An-Educators-Guide-to-Virtual-Learning-4-Actions-to-Support-Students-With-Disabilities-and-Their-Families.pdf>

National Education Association (NEA), Resources for Online Learning During School Closures

<http://neatoday.org/2020/03/16/resources-for-online-learning-during-school-closures/>

UNESCO, Distance Learning Solutions

<https://en.unesco.org/themes/education-emergencies/coronavirus-school-closures/solutions>



Helping Children Thrive • In School • At Home • In Life