The PREP\textsubscript{a}RE curriculum is comprehensive and adaptable, providing a useful framework for any school. Specifically, PREP\textsubscript{a}RE:

- Incorporates prevention, protection, mitigation, response, and recovery
- Addresses both physical and psychological safety
- Builds on existing personnel, resources, and programs
- Facilitates collaboration with community providers and first responders
- Integrates with ongoing school safety efforts and multitiered systems of support
- Develops skills important to coping with trauma
- Provides for sustainability through a training of trainers model
- Is adaptable to individual school needs and size
- Aligns with federal emergency management guidance
- Supports legal compliance regarding crisis preparedness

The PREP\textsubscript{a}RE model has been adopted as the comprehensive school safety framework in school districts in all 50 states and in multiple countries. Several states have also adopted the model for statewide implementation. Participants report that PREP\textsubscript{a}RE helped improve and strengthen their school safety and crisis management capacities (See evaluation summaries at \textbf{http://www.nasponline.org/prepare-evaluations}).

“PREP\textsubscript{a}RE has provided our district and building care & crisis teams with the framework and language to navigate and respond to crisis situations with increased confidence.”

\textbf{Tim Shaikoski, Robbinsdale Area Schools, School Psychologist}
The PREPaRE curriculum includes two core workshops, which can be taken independently of one another or in any order. Each workshop has a corresponding training of trainer (ToT) workshop that provides participants with the information and practice needed to become PREPaRE workshop trainers. The core workshops are prerequisites to ToT participation.

**WORKSHOP 1**
Comprehensive School Safety Planning: Prevention Through Recovery

**Audience:** School mental health professionals, safety and security personnel, administrators, SROs, and other educators. Optimal for crisis team members to attend together.

**Content:**
- Covers the knowledge and resources important to establishing comprehensive, ongoing school safety and crisis preparedness through recovery efforts.
- Making use of existing personnel, resources, and programs, PREPaRE can be adapted to a school’s needs and size.
- Specific attention is given to developing, exercising, and evaluating safety/crisis teams and plans, and integrating school and community crisis response personnel.
- Also addresses issues associated with the media, social media, communication, reunification, students with special needs, culture, and memorials. Training includes a strong focus on reinforcing improved school climate, student behavior and academic functioning, student resilience, and school staff crisis response capabilities.

**Duration:** 1 day (7 contact hours)

**ToT Workshop:** 1.5 days (12 contact hours)

**WORKSHOP 2**
Mental Health Crisis Interventions: Responding to an Acute Traumatic Stressor in Schools

**Audience:** All school professionals who provide mental health crisis intervention services and community mental health professionals who support schools following a crisis event.

**Content:**
- Covers how to prevent and prepare for psychological trauma, reaffirm both physical health and perceptions of safety, evaluate trauma exposure by conducting psychological triage, and respond to psychological needs using a multitiered crisis intervention approach.
- Participants will learn how to facilitate social supports and conduct caregiver trainings, classroom meetings, student psychoeducational groups, group crisis intervention, and individual crisis intervention.
- Also examines the effectiveness of school crisis intervention and recovery efforts.

**Duration:** 2 days (13 contact hours)

**ToT Workshop:** 2 days (15 contact hours)

Workshop participants receive a digital set of materials through an online learning platform. Participants are encouraged to use these resources for local staff development but may not represent them as formal “PREPaRE” training unless they have successfully completed the ToT workshop(s).

**PREPaRE Authors/Lead Trainers**

PREPaRE curriculum authors and lead trainers are leading national experts in school crisis prevention and response. In addition to formal training, PREPaRE authors and lead trainers have direct experience designing and implementing crisis plans and responding to crises ranging from school shootings and suicide to terrorism and natural disasters. Learn more at [http://www.nasponline.org/prepare-authors](http://www.nasponline.org/prepare-authors).

**PREPaRE closely aligns with 2019 federal government school crisis and emergency management guidelines. PREPaRE is featured in the Best Practices Registry of the Suicide Prevention Resource Center.**

Learn More

Hold a Workshop

Contact the NASP PREPaRE Manager at [prepare@naspweb.org](mailto:prepare@naspweb.org), by phone at 866-331-NASP or visit [www.nasponline.org/prepare](http://www.nasponline.org/prepare).