SCHOOL PSYCHOLOGISTS SUPPORT STUDENT MENTAL HEALTH

1 in 5
School students suffer from a mental health disorder.

45%
of children have had a potentially traumatic experience.

1.1 Million
High school students attempt suicide each year.

Students are more likely to seek mental health supports in school than other settings.

SCHOOL PSYCHOLOGISTS ARE TRAINED TO PROVIDE MENTAL HEALTH SERVICES IN SCHOOLS

- Mental Health Assessments
- Counseling & Behavior Support
- Consultation & Referrals

SHORTAGES PREVENT SCHOOLS FROM MEETING STUDENTS’ NEEDS

Recommended Ratio 1:500-700

The National Ratio 1:1,382

Shortages Result in:
- Limited access to services.
- Inability to provide preventive and early intervention services.
- Overemphasis on special education compliance.

ADDRESSING THE SHORTAGE OF SCHOOL PSYCHOLOGISTS

- Work towards implementation of the NASP Practice Model.
- Expand capacity by developing partnerships with local universities.
- Increase funding to make salaries competitive and create new positions.
- Reallocate paperwork duties to free up time for prevention and intervention.

School psychologists play a critical role in supporting student mental health and safety.

www.nasponline.org