Promote PREPaRE in Your District

Key Messages

School crisis response is not a choice. Being prepared to respond effectively is.

The PREPaRE School Crisis Prevention and Intervention Training Curriculum (PREPaRE), 2nd Edition is designed to help schools meet the needs of students, staff, and families following a crisis event. PREPaRE is the leading comprehensive curriculum developed by school-based professionals with firsthand experience and formal training. The curriculum builds on existing personnel, resources and programs, links to ongoing school safety efforts, and can be adapted to individual school needs and size. PREPaRE fits a staff development model, is sustainable and affordable, and enables schools to comply with legal requirements regarding crisis preparedness.

Key Points Related to School Crises
- Schools play a critical prevention and response role in crises involving children.
- How schools respond to a crisis can shape the immediate and long-term effects on students and staff, thus impacting academic achievement.
- Effective crisis planning and response can help build students’ resilience, facilitate a return to learning, and strengthen families and school communities.
- School crisis response presents unique issues that require specialized training and knowledge of schools, the learning process, mental health, and children’s crisis reactions.
- Schools need the capacity to respond to a range of crises, e.g., student death, suicide, school shooting, community tragedy, natural disaster, health epidemic, terrorism.
- Mental health is integral to crisis reactions and recovery; supporting children’s mental health is essential.
- School psychologists and other school mental health professionals have extensive training in mental health and its impact on learning and the school environment.
- School safety and crisis team members need formal training encompassing all aspects of crisis prevention, preparedness, response, and recovery.

Key Points About PREPaRE
PREPaRE is:
- Research-based training that meets the unique needs of school safety and crisis teams.
- Developed by expert school psychologists with formal crisis training and extensive experience in school crisis prevention and response.
- Flexible and aligned with ongoing school mental health and safety efforts and multi-tiered systems of student supports.
- Appropriate for safety and crisis team leaders/members, school mental health staff who might help respond in a major crisis, and community providers who will be part of a school crisis response.

Sample Key Messages for General Audiences
- Every school has the responsibility to safeguard the physical and psychological well-being of students and staff in the event of a crisis.
- School crisis teams need comprehensive training encompassing prevention, planning, response, and recovery.
- PREPaRE provides research-based training that meet the unique needs of school safety and crisis teams.
- Effective crisis response reduces negative trauma reactions, helps build students’ resiliency and coping capacity, facilitates a return to learning, and strengthens families and school communities.
Adapted Key Messages for Superintendents

- Effective crisis management is integral to the district’s responsibility to safeguard the physical and psychological well-being of students and staff.
- Our crisis teams would benefit from training specific to prevention, the impact of crisis on students, and facilitating recovery within the school context.
- **PREPaRE is research-based training that meets the unique needs of school safety and crisis teams.**
  - With PREPaRE training, our staff will be better able to reduce negative trauma reactions, build students’ resiliency, and strengthen families and the school community.
  - Reducing negative trauma reactions and facilitating recovery minimizes disruptions in learning and promotes school success.
  - PREPaRE training can meet state training mandates regarding prevention, safety, crisis planning and response.
  - Quality staff development for your employees can help protect districts from lawsuits regarding negligence.

Adapted Key Messages for School Psychologists

- Crisis prevention and response is a growing role for school psychologists.
- Participating on school crisis teams is an effective way to enhance your role/visibility and your mental health service skills.
- Training specific to crisis prevention, the impact of crisis on children and youth, and facilitating recovery within the school context is essential, even for seasoned school psychologists.
- **PREPaRE is research-based training developed by NASP that builds on school psychologists’ expertise and meets the unique needs of school safety and crisis teams.**
  - PREPaRE training will better equip you to help reduce negative trauma reactions, build students’ resiliency and coping capacity, and strengthen your school community.
  - Help bring PREPaRE to your district....

In a Nutshell

PREPaRE affords your district a:
- Comprehensive school safety and crisis model that incorporates research informed best practices that support improved academic performance and social emotional growth.
- Structured approach to addressing crises that is consistent with a framework used by most public safety agencies (e.g., police and fire departments) while aligning with multi-tiered system of student supports.
- System of responding to students’ needs consistent with Presidential directives and legislation regarding student safety and welfare.

PREPaRE offers your administrators and staff a:
- Time efficient manner of combining human and financial resources to address curricular, behavioral, safety, and other mandated reforms
- Cost-effective approach to training staff in implementing the national crisis response model (NIMS) model and delivering services through an approach appropriate to the school context.
- Sustainable method of preventing/preparing for and responding to crises in an effective manner that facilitates a return to learning as soon as possible.

PREPaRE offers your students and families:
- Assurance that academic and social emotional growth in a safe and orderly school environment is a central priority.
- Belief in your school’s ability to emphasize prevention through clear policies, procedures and programming.
- Confidence in your school’s capacity to address and respond to crises that cannot be avoided.

Resources specific to PREPaRE are available at [www.nasponline.org/prepare](http://www.nasponline.org/prepare).

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